



HEBREWS

WORLD ENGLISH BIBLE

HEBREWS

1

¹God, having in the past spoken to the fathers through the prophets at many times and in various ways, ²has at the end of these days spoken to us by his Son, whom he appointed heir of all things, through whom also he made the worlds. ³His Son is the radiance of his glory, the very image of his substance, and upholding all things by the word of his power, who, when he had by himself purified us of our sins, sat down on the right hand of the Majesty on high, ⁴having become as much better than the angels as the more excellent name he has inherited is better than theirs. ⁵For to which of the angels did he say at any time,

“You are my Son.
Today I have become your father?”
and again,
“I will be to him a Father,
and he will be to me a Son?”

⁶When he again brings in the firstborn into the world he says, “Let all the angels of God worship him.” ⁷Of the angels he says,

“He makes his angels winds,
and his servants a flame of fire.”

⁸But of the Son he says,
“Your throne, O God, is forever and ever.
The scepter of uprightness is the scepter of your
Kingdom.

⁹You have loved righteousness and hated iniquity;
therefore God, your God, has anointed you with
the oil of gladness above your fellows.”

¹⁰And,
“You, Lord, in the beginning, laid the foundation of
the earth.

The heavens are the works of your hands.

¹¹They will perish, but you continue.
They all will grow old like a garment does.

¹²You will roll them up like a mantle,
and they will be changed;
but you are the same.
Your years won’t fail.”

¹³But which of the angels has he told at any time,
“Sit at my right hand,
until I make your enemies the footstool of your
feet?”

Notes

- *1:5 Psalms 2:7
- *1:5 2 Samuel 7:14; 1 Chronicles 17:13
- *1:6 Deuteronomy 32:43 LXX
- *1:7 Psalms 104:4
- *1:9 Psalms 45:6-7
- *1:12 Psalms 102:25-27
- *1:13 Psalms 110:1

Notes

¹⁴ Aren't they all serving spirits, sent out to do service for the sake of those who will inherit salvation?

2

¹ Therefore we ought to pay greater attention to the things that were heard, lest perhaps we drift away. ² For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just penalty, ³ how will we escape if we neglect so great a salvation—which at the first having been spoken through the Lord, was confirmed to us by those who heard, ⁴ God also testifying with them, both by signs and wonders, by various works of power, and by gifts of the Holy Spirit, according to his own will?

⁵ For he didn't subject the world to come, of which we speak, to angels. ⁶ But one has somewhere testified, saying,

"What is man, that you think of him?
Or the son of man, that you care for him?"

⁷ You made him a little lower than the angels.
You crowned him with glory and honor.[†]

⁸ You have put all things in subjection under his feet."^{*}

For in that he subjected all things to him, he left nothing that is not subject to him. But now we don't yet see all things subjected to him. ⁹ But we see him who has been made a little lower than the angels, Jesus, because of the suffering of death crowned with glory and honor, that by the grace of God he should taste of death for everyone.

¹⁰ For it became him, for whom are all things and through whom are all things, in bringing many children to glory, to make the author of their salvation perfect through sufferings. ¹¹ For both he who sanctifies and those who are sanctified are all from one, for which cause he is not ashamed to call them brothers,[†] ¹² saying,

"I will declare your name to my brothers.
Among the congregation I will sing your praise."^{*}

¹³ Again, "I will put my trust in him." Again, "Behold, here I am with the children whom God has given me."^{*} ¹⁴ Since then the children have shared in flesh and blood, he also himself in the same way partook of the same, that through death he might bring to nothing him who had the power of death, that is, the devil, ¹⁵ and might deliver all of them who through fear of death were all their lifetime subject to

†2:7 TR adds "and set him over the works of your hands"

*2:8 Psalms 8:4-6

†2:11 The word for "brothers" here and where context allows may also be correctly translated "brothers and sisters" or "siblings."

*2:12 Psalms 22:22

*2:13 Isaiah 8:18

§2:16 or, seed

bondage.¹⁶ For most certainly, he doesn't give help to angels, but he gives help to the offspring^s of Abraham.¹⁷ Therefore he was obligated in all things to be made like his brothers, that he might become a merciful and faithful high priest in things pertaining to God, to make atonement for the sins of the people.¹⁸ For in that he himself has suffered being tempted, he is able to help those who are tempted.

3

¹ Therefore, holy brothers, partakers of a heavenly calling, consider the Apostle and High Priest of our confession: Jesus,² who was faithful to him who appointed him, as also Moses was in all his house.³ For he has been counted worthy of more glory than Moses, because he who built the house has more honor than the house.⁴ For every house is built by someone; but he who built all things is God.⁵ Moses indeed was faithful in all his house as a servant, for a testimony of those things which were afterward to be spoken,⁶ but Christ[†] is faithful as a Son over his house. We are his house, if we hold fast our confidence and the glorying of our hope firm to the end.⁷ Therefore, even as the Holy Spirit says,

"Today if you will hear his voice,
⁸ don't harden your hearts as in the rebellion,
in the day of the trial in the wilderness,
⁹ where your fathers tested me and tried me,
and saw my deeds for forty years.
¹⁰ Therefore I was displeased with that generation,
and said, 'They always err in their heart,
but they didn't know my ways.'
¹¹ As I swore in my wrath,
'They will not enter into my rest.' ""

¹² Beware, brothers, lest perhaps there might be in any one of you an evil heart of unbelief, in falling away from the living God;¹³ but exhort one another day by day, so long as it is called "today", lest any one of you be hardened by the deceitfulness of sin.¹⁴ For we have become partakers of Christ, if we hold the beginning of our confidence firm to the end,¹⁵ while it is said,

"Today if you will hear his voice,
don't harden your hearts, as in the rebellion.""

¹⁶ For who, when they heard, rebelled? Wasn't it all those who came out of Egypt led by Moses? ¹⁷ With whom was he displeased forty years? Wasn't it with those who sinned, whose bodies fell in the wilderness? ¹⁸ To whom did he swear that they wouldn't enter into his rest, but to

Notes

†3:6 "Christ" means "Anointed One".
*3:11 Psalms 95:7-11
*3:15 Psalms 95:7-8

Notes

*4:3 Psalms 95:11

*4:4 Genesis 2:2

*4:5 Psalms 95:11

*4:7 Psalms 95:7-8

those who were disobedient?¹⁹ We see that they weren't able to enter in because of unbelief.

4

¹Let's fear therefore, lest perhaps anyone of you should seem to have come short of a promise of entering into his rest. ²For indeed we have had good news preached to us, even as they also did, but the word they heard didn't profit them, because it wasn't mixed with faith by those who heard. ³For we who have believed do enter into that rest, even as he has said, "As I swore in my wrath, they will not enter into my rest;"* although the works were finished from the foundation of the world. ⁴For he has said this somewhere about the seventh day, "God rested on the seventh day from all his works;"* ⁵and in this place again, "They will not enter into my rest."*

⁶Seeing therefore it remains that some should enter into it, and they to whom the good news was preached before failed to enter in because of disobedience, ⁷he again defines a certain day, "today", saying through David so long a time afterward (just as has been said),

"Today if you will hear his voice,
don't harden your hearts."*

⁸For if Joshua had given them rest, he would not have spoken afterward of another day. ⁹There remains therefore a Sabbath rest for the people of God. ¹⁰For he who has entered into his rest has himself also rested from his works, as God did from his. ¹¹Let's therefore give diligence to enter into that rest, lest anyone fall after the same example of disobedience. ¹²For the word of God is living and active, and sharper than any two-edged sword, piercing even to the dividing of soul and spirit, of both joints and marrow, and is able to discern the thoughts and intentions of the heart. ¹³There is no creature that is hidden from his sight, but all things are naked and laid open before the eyes of him to whom we must give an account.

¹⁴Having then a great high priest who has passed through the heavens, Jesus, the Son of God, let's hold tightly to our confession. ¹⁵For we don't have a high priest who can't be touched with the feeling of our infirmities, but one who has been in all points tempted like we are, yet without sin. ¹⁶Let's therefore draw near with boldness to the throne of grace, that we may receive mercy and may find grace for help in time of need.

¹For every high priest, being taken from among men, is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. ²The high priest can deal gently with those who are ignorant and going astray, because he himself is also surrounded with weakness. ³Because of this, he must offer sacrifices for sins for the people, as well as for himself. ⁴Nobody takes this honor on himself, but he is called by God, just like Aaron was. ⁵So also Christ didn't glorify himself to be made a high priest, but it was he who said to him,

"You are my Son.
Today I have become your father."*

⁶As he says also in another place,
"You are a priest forever,
after the order of Melchizedek."*

⁷He, in the days of his flesh, having offered up prayers and petitions with strong crying and tears to him who was able to save him from death, and having been heard for his godly fear, ⁸though he was a Son, yet learned obedience by the things which he suffered. ⁹Having been made perfect, he became to all of those who obey him the author of eternal salvation, ¹⁰named by God a high priest after the order of Melchizedek.

¹¹About him we have many words to say, and hard to interpret, seeing you have become dull of hearing. ¹²For although by this time you should be teachers, you again need to have someone teach you the rudiments of the first principles of the revelations of God. You have come to need milk, and not solid food. ¹³For everyone who lives on milk is not experienced in the word of righteousness, for he is a baby. ¹⁴But solid food is for those who are full grown, who by reason of use have their senses exercised to discern good and evil.

¹Therefore leaving the teaching of the first principles of Christ, let's press on to perfection—not laying again a foundation of repentance from dead works, of faith toward God, ²of the teaching of baptisms, of laying on of hands, of resurrection of the dead, and of eternal judgment. ³This will we do, if God permits. ⁴For concerning those who were once enlightened and tasted of the heavenly gift, and were made partakers of the Holy Spirit, ⁵and tasted the good word of God and the powers of the age to come, ⁶and then fell away, it is impossible to renew them again to repentance; seeing they crucify the

Notes

*5:5 Psalms 2:7
*5:6 Psalms 110:4

Notes

*8:5 Exodus 25:40
†8:8 "Behold", from "ἴδοὺ", means look at, take notice, observe, see, or gaze at. It is often used as an interjection.

uttermost those who draw near to God through him, seeing that he lives forever to make intercession for them.

²⁶For such a high priest was fitting for us: holy, guiltless, undefiled, separated from sinners, and made higher than the heavens; ²⁷who doesn't need, like those high priests, to offer up sacrifices daily, first for his own sins, and then for the sins of the people. For he did this once for all, when he offered up himself. ²⁸For the law appoints men as high priests who have weakness, but the word of the oath, which came after the law, appoints a Son forever who has been perfected.

8

¹Now in the things which we are saying, the main point is this: we have such a high priest, who sat down on the right hand of the throne of the Majesty in the heavens, ²a servant of the sanctuary and of the true tabernacle which the Lord pitched, not man. ³For every high priest is appointed to offer both gifts and sacrifices. Therefore it is necessary that this high priest also have something to offer. ⁴For if he were on earth, he would not be a priest at all, seeing there are priests who offer the gifts according to the law, ⁵who serve a copy and shadow of the heavenly things, even as Moses was warned by God when he was about to make the tabernacle, for he said, "See, you shall make everything according to the pattern that was shown to you on the mountain."^{*} ⁶But now he has obtained a more excellent ministry, by as much as he is also the mediator of a better covenant, which on better promises has been given as law.

⁷For if that first covenant had been faultless, then no place would have been sought for a second. ⁸For finding fault with them, he said,

"Behold,[†] the days are coming", says the Lord,
"that I will make a new covenant with the house of
Israel and with the house of Judah;
⁹not according to the covenant that I made with
their fathers
in the day that I took them by the hand to lead them
out of the land of Egypt;
for they didn't continue in my covenant,
and I disregarded them," says the Lord.

¹⁰"For this is the covenant that I will make with the
house of Israel
after those days," says the Lord:
"I will put my laws into their mind;

I will also write them on their heart.
 I will be their God,
 and they will be my people.
¹¹ They will not teach every man his fellow citizen[‡]
 and every man his brother, saying, 'Know the
 Lord,'
 for all will know me,
 from their least to their greatest.
¹² For I will be merciful to their unrighteousness.
 I will remember their sins and lawless deeds no
 more."^{*}

¹³ In that he says, "A new covenant", he has made the
 first obsolete. But that which is becoming obsolete and
 grows aged is near to vanishing away.

9

¹ Now indeed even the first[†] covenant had
 ordinances of divine service and an earthly
 sanctuary. ² For a tabernacle was prepared. In the first
 part were the lamp stand, the table, and the show bread,
 which is called the Holy Place. ³ After the second veil was
 the tabernacle which is called the Holy of Holies, ⁴ having
 a golden altar of incense and the ark of the covenant
 overlaid on all sides with gold, in which was a golden pot
 holding the manna, Aaron's rod that budded, and the
 tablets of the covenant; ⁵ and above it cherubim of glory
 overshadowing the mercy seat, of which things we can't
 speak now in detail.

⁶ Now these things having been thus prepared, the
 priests go in continually into the first tabernacle,
 accomplishing the services, ⁷ but into the second the high
 priest alone, once in the year, not without blood, which
 he offers for himself and for the errors of the people. ⁸ The
 Holy Spirit is indicating this, that the way into the Holy
 Place wasn't yet revealed while the first tabernacle was
 still standing. ⁹ This is a symbol of the present age, where
 gifts and sacrifices are offered that are incapable,
 concerning the conscience, of making the worshiper
 perfect, ¹⁰ being only (with foods and drinks and various
 washings) fleshly ordinances, imposed until a time of
 reformation.

¹¹ But Christ having come as a high priest of the
 coming good things, through the greater and more
 perfect tabernacle, not made with hands, that is to say,
 not of this creation, ¹² nor yet through the blood of goats
 and calves, but through his own blood, entered in once
 for all into the Holy Place, having obtained eternal
 redemption. ¹³ For if the blood of goats and bulls, and the
 ashes of a heifer sprinkling those who have been defiled,

Notes

‡8:11 TR reads "neighbor" instead of
 "fellow citizen"
 *8:12 Jeremiah 31:31-34

*9:20 Exodus 24:8

Notes

*9:20 Exodus 24:8

sanctify to the cleanness of the flesh, ¹⁴ how much more will the blood of Christ, who through the eternal Spirit offered himself without defect to God, cleanse your conscience from dead works to serve the living God? ¹⁵ For this reason he is the mediator of a new covenant, since a death has occurred for the redemption of the transgressions that were under the first covenant, that those who have been called may receive the promise of the eternal inheritance. ¹⁶ For where a last will and testament is, there must of necessity be the death of him who made it. ¹⁷ For a will is in force where there has been death, for it is never in force while he who made it lives. ¹⁸ Therefore even the first covenant has not been dedicated without blood. ¹⁹ For when every commandment had been spoken by Moses to all the people according to the law, he took the blood of the calves and the goats, with water and scarlet wool and hyssop, and sprinkled both the book itself and all the people, ²⁰ saying, "This is the blood of the covenant which God has commanded you."^{*}

²¹ He sprinkled the tabernacle and all the vessels of the ministry in the same way with the blood. ²² According to the law, nearly everything is cleansed with blood, and apart from shedding of blood there is no remission.

²³ It was necessary therefore that the copies of the things in the heavens should be cleansed with these, but the heavenly things themselves with better sacrifices than these. ²⁴ For Christ hasn't entered into holy places made with hands, which are representations of the true, but into heaven itself, now to appear in the presence of God for us; ²⁵ nor yet that he should offer himself often, as the high priest enters into the holy place year by year with blood not his own, ²⁶ or else he must have suffered often since the foundation of the world. But now once at the end of the ages, he has been revealed to put away sin by the sacrifice of himself. ²⁷ Inasmuch as it is appointed for men to die once, and after this, judgment, ²⁸ so Christ also, having been offered once to bear the sins of many, will appear a second time, not to deal with sin, but to save those who are eagerly waiting for him.

10

¹ For the law, having a shadow of the good to come, not the very image of the things, can never with the same sacrifices year by year, which they offer continually, make perfect those who draw near. ² Or

else wouldn't they have ceased to be offered, because the worshipers, having been once cleansed, would have had no more consciousness of sins? ³But in those sacrifices there is a yearly reminder of sins. ⁴For it is impossible that the blood of bulls and goats should take away sins. ⁵Therefore when he comes into the world, he says,

"You didn't desire sacrifice and offering, but you prepared a body for me.

⁶You had no pleasure in whole burnt offerings and sacrifices for sin.

⁷Then I said, 'Behold, I have come (in the scroll of the book it is written of me) to do your will, O God.' ^{**}

⁸Previously saying, "Sacrifices and offerings and whole burnt offerings and sacrifices for sin you didn't desire, neither had pleasure in them" (those which are offered according to the law), ⁹ then he has said, "Behold, I have come to do your will." He takes away the first, that he may establish the second, ¹⁰ by which will we have been sanctified through the offering of the body of Jesus Christ once for all.

¹¹ Every priest indeed stands day by day serving and offering often the same sacrifices, which can never take away sins, ¹² but he, when he had offered one sacrifice for sins forever, sat down on the right hand of God, ¹³ from that time waiting until his enemies are made the footstool of his feet. ¹⁴ For by one offering he has perfected forever those who are being sanctified. ¹⁵ The Holy Spirit also testifies to us, for after saying,

¹⁶ "This is the covenant that I will make with them after those days," says the Lord, "I will put my laws on their heart, I will also write them on their mind;" ^{**}

then he says,

¹⁷ "I will remember their sins and their iniquities no more." ^{**}

¹⁸ Now where remission of these is, there is no more offering for sin.

¹⁹ Having therefore, brothers, boldness to enter into the holy place by the blood of Jesus, ²⁰ by the way which he dedicated for us, a new and living way, through the veil, that is to say, his flesh, ²¹ and having a great priest over God's house, ²² let's draw near with a true heart in fullness of faith, having our hearts sprinkled from an evil conscience and having our body washed with pure water, ²³ let's hold fast the confession of our hope without wavering; for he who promised is faithful.

Notes

*10:7 Psalms 40:6-8
*10:16 Jeremiah 31:33
*10:17 Jeremiah 31:34

Notes

*10:30 Deuteronomy 32:35
*10:30 Deuteronomy 32:36; Psalms 135:14
*10:38 Habakkuk 2:3-4

²⁴Let's consider how to provoke one another to love and good works,²⁵not forsaking our own assembling together, as the custom of some is, but exhorting one another, and so much the more as you see the Day approaching.

²⁶For if we sin willfully after we have received the knowledge of the truth, there remains no more a sacrifice for sins,²⁷but a certain fearful expectation of judgment, and a fierceness of fire which will devour the adversaries.²⁸A man who disregards Moses' law dies without compassion on the word of two or three witnesses.²⁹How much worse punishment do you think he will be judged worthy of who has trodden under foot the Son of God, and has counted the blood of the covenant with which he was sanctified an unholy thing, and has insulted the Spirit of grace?³⁰For we know him who said, "Vengeance belongs to me. I will repay," says the Lord.* Again, "The Lord will judge his people."*³¹It is a fearful thing to fall into the hands of the living God.

³²But remember the former days, in which, after you were enlightened, you endured a great struggle with sufferings:³³partly, being exposed to both reproaches and oppressions, and partly, becoming partakers with those who were treated so.³⁴For you both had compassion on me in my chains and joyfully accepted the plundering of your possessions, knowing that you have for yourselves a better possession and an enduring one in the heavens.³⁵Therefore don't throw away your boldness, which has a great reward.³⁶For you need endurance so that, having done the will of God, you may receive the promise.

³⁷"In a very little while, he who comes will come and will not wait.

³⁸But the righteous one will live by faith. If he shrinks back, my soul has no pleasure in him."*

³⁹But we are not of those who shrink back to destruction, but of those who have faith to the saving of the soul.

11

¹Now faith is assurance of things hoped for, proof of things not seen.²For by this, the elders obtained approval.³By faith we understand that the universe has been framed by the word of God, so that what is seen has not been made out of things which are visible.

⁴By faith Abel offered to God a more excellent sacrifice than Cain, through which he had testimony given to him that he was righteous, God testifying with respect to his gifts; and through it he, being dead, still speaks.

⁵By faith Enoch was taken away, so that he wouldn't see death, and he was not found, because God translated him. For he has had testimony given to him that before his translation he had been well pleasing to God. ⁶Without faith it is impossible to be well pleasing to him, for he who comes to God must believe that he exists, and that he is a rewarder of those who seek him.

⁷By faith Noah, being warned about things not yet seen, moved with godly fear,[†] prepared a ship for the saving of his house, through which he condemned the world and became heir of the righteousness which is according to faith.

⁸By faith Abraham, when he was called, obeyed to go out to the place which he was to receive for an inheritance. He went out, not knowing where he went. ⁹By faith he lived as an alien in the land of promise, as in a land not his own, dwelling in tents with Isaac and Jacob, the heirs with him of the same promise. ¹⁰For he was looking for the city which has foundations, whose builder and maker is God.

¹¹By faith even Sarah herself received power to conceive, and she bore a child when she was past age, since she counted him faithful who had promised. ¹²Therefore as many as the stars of the sky in multitude, and as innumerable as the sand which is by the sea shore, were fathered by one man, and him as good as dead.

¹³These all died in faith, not having received the promises, but having seen[‡] them and embraced them from afar, and having confessed that they were strangers and pilgrims on the earth. ¹⁴For those who say such things make it clear that they are seeking a country of their own. ¹⁵If indeed they had been thinking of that country from which they went out, they would have had enough time to return. ¹⁶But now they desire a better country, that is, a heavenly one. Therefore God is not ashamed of them, to be called their God, for he has prepared a city for them.

¹⁷By faith, Abraham, being tested, offered up Isaac. Yes, he who had gladly received the promises was offering up his only born[§] son,¹⁸ to whom it was said, "Your offspring will be accounted as from

Notes

[†]11:7 or, reverence

[‡]11:13 TR adds "and being convinced of"

[§]11:17 The phrase "only born" is from the Greek word "μονογεννη", which is sometimes translated "only begotten" or "one and only".

Notes

*11:18 Genesis 21:12
*11:33 Daniel 6:22-23
*11:34 Daniel 3:1-30
*11:34 1 Kings 19:1-3; 2 Kings
6:31—7:20
*11:35 1 Kings 17:17-23; 2 Kings
4:32-37

Isaac," *¹⁹ concluding that God is able to raise up even from the dead. Figuratively speaking, he also did receive him back from the dead.

²⁰ By faith Isaac blessed Jacob and Esau, even concerning things to come.

²¹ By faith Jacob, when he was dying, blessed each of the sons of Joseph, and worshiped, leaning on the top of his staff.

²² By faith Joseph, when his end was near, made mention of the departure of the children of Israel, and gave instructions concerning his bones.

²³ By faith Moses, when he was born, was hidden for three months by his parents, because they saw that he was a beautiful child; and they were not afraid of the king's commandment.

²⁴ By faith Moses, when he had grown up, refused to be called the son of Pharaoh's daughter, ²⁵ choosing rather to share ill treatment with God's people than to enjoy the pleasures of sin for a time, ²⁶ considering the reproach of Christ greater riches than the treasures of Egypt; for he looked to the reward. ²⁷ By faith he left Egypt, not fearing the wrath of the king; for he endured, as seeing him who is invisible. ²⁸ By faith he kept the Passover and the sprinkling of the blood, that the destroyer of the firstborn should not touch them.

²⁹ By faith they passed through the Red Sea as on dry land. When the Egyptians tried to do so, they were swallowed up.

³⁰ By faith the walls of Jericho fell down after they had been encircled for seven days.

³¹ By faith Rahab the prostitute didn't perish with those who were disobedient, having received the spies in peace.

³² What more shall I say? For the time would fail me if I told of Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets— ³³ who through faith subdued kingdoms, worked out righteousness, obtained promises, stopped the mouths of lions, *³⁴ quenched the power of fire, * escaped the edge of the sword, * from weakness were made strong, grew mighty in war, and caused foreign armies to flee. ³⁵ Women received their dead by resurrection. * Others were tortured, not accepting their deliverance, that they might obtain a better resurrection. ³⁶ Others were tried by mocking and

scourging, yes, moreover by bonds and imprisonment.³⁷ They were stoned.* They were sawn apart. They were tempted. They were slain with the sword.* They went around in sheep skins and in goat skins; being destitute, afflicted, ill-treated—³⁸ of whom the world was not worthy—wandering in deserts, mountains, caves, and the holes of the earth.

³⁹ These all, having been commended for their faith, didn't receive the promise,⁴⁰ God having provided some better thing concerning us, so that apart from us they should not be made perfect.

12

¹ Therefore let's also, seeing we are surrounded by so great a cloud of witnesses, lay aside every weight and the sin which so easily entangles us, and let's run with perseverance the race that is set before us,² looking to Jesus, the author and perfecter of faith, who for the joy that was set before him endured the cross, despising its shame, and has sat down at the right hand of the throne of God.

³ For consider him who has endured such contradiction of sinners against himself, that you don't grow weary, fainting in your souls.⁴ You have not yet resisted to blood, striving against sin.⁵ You have forgotten the exhortation which reasons with you as with children,

“My son, don't take lightly the chastening of the Lord,
nor faint when you are reproved by him;
⁶ for whom the Lord loves, he disciplines,
and chastises every son whom he receives.”*

⁷ It is for discipline that you endure. God deals with you as with children, for what son is there whom his father doesn't discipline?⁸ But if you are without discipline, of which all have been made partakers, then you are illegitimate, and not children.⁹ Furthermore, we had the fathers of our flesh to chasten us, and we paid them respect. Shall we not much rather be in subjection to the Father of spirits and live?¹⁰ For they indeed for a few days disciplined us as seemed good to them, but he for our profit, that we may be partakers of his holiness.¹¹ All chastening seems for the present to be not joyous but grievous; yet afterward it yields the peaceful fruit of righteousness to those who have been trained by it.¹² Therefore lift up the hands that hang down and the feeble knees, *¹³ and make straight paths for your feet,* so what is lame may not be dislocated, but rather be healed.

Notes

*11:37 2 Chronicles 24:20-21

*11:37 Jeremiah 26:20-23; 1 Kings 19:10

*12:6 Proverbs 3:11-12

*12:12 Isaiah 35:3

*12:13 Proverbs 4:26

Notes

†12:20 TR adds "or shot with an arrow"
*12:20 Exodus 19:12-13
*12:21 Deuteronomy 9:19
*12:24 Jeremiah 31:31
*12:26 Haggai 2:6
*12:29 Deuteronomy 4:24

¹⁴Follow after peace with all men, and the sanctification without which no man will see the Lord, ¹⁵looking carefully lest there be any man who falls short of the grace of God, lest any root of bitterness springing up trouble you and many be defiled by it, ¹⁶lest there be any sexually immoral person or profane person, like Esau, who sold his birthright for one meal. ¹⁷For you know that even when he afterward desired to inherit the blessing, he was rejected, for he found no place for a change of mind though he sought it diligently with tears.

¹⁸For you have not come to a mountain that might be touched and that burned with fire, and to blackness, darkness, storm, ¹⁹the sound of a trumpet, and the voice of words; which those who heard it begged that not one more word should be spoken to them, ²⁰for they could not stand that which was commanded, "If even an animal touches the mountain, it shall be stoned".[†] ²¹So fearful was the appearance that Moses said, "I am terrified and trembling."^{*}

²²But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable multitudes of angels, ²³to the festal gathering and assembly of the firstborn who are enrolled in heaven, to God the Judge of all, to the spirits of just men made perfect, ²⁴to Jesus, the mediator of a new covenant,^{*} and to the blood of sprinkling that speaks better than that of Abel.

²⁵See that you don't refuse him who speaks. For if they didn't escape when they refused him who warned on the earth, how much more will we not escape who turn away from him who warns from heaven, ²⁶whose voice shook the earth then, but now he has promised, saying, "Yet once more I will shake not only the earth, but also the heavens."^{*} ²⁷This phrase, "Yet once more" signifies the removing of those things that are shaken, as of things that have been made, that those things which are not shaken may remain. ²⁸Therefore, receiving a Kingdom that can't be shaken, let's have grace, through which we serve God acceptably, with reverence and awe, ²⁹for our God is a consuming fire.^{*}

13

¹Let brotherly love continue. ²Don't forget to show hospitality to strangers, for in doing so, some have entertained angels without knowing it. ³Remember those who are in bonds, as bound with them, and those who are ill-treated, since you are also in the body. ⁴Let marriage be held in honor among all,

and let the bed be undefiled; but God will judge the sexually immoral and adulterers.

⁵Be free from the love of money, content with such things as you have, for he has said, "I will in no way leave you, neither will I in any way forsake you."^{*} ⁶So that with good courage we say,

"The Lord is my helper. I will not fear.
What can man do to me?"^{*}

⁷Remember your leaders, men who spoke to you the word of God, and considering the results of their conduct, imitate their faith. ⁸Jesus Christ is the same yesterday, today, and forever. ⁹Don't be carried away by various and strange teachings, for it is good that the heart be established by grace, not by foods, through which those who were so occupied were not benefited.

¹⁰We have an altar from which those who serve the holy tabernacle have no right to eat. ¹¹For the bodies of those animals, whose blood is brought into the holy place by the high priest as an offering for sin, are burned outside of the camp.* ¹²Therefore Jesus also, that he might sanctify the people through his own blood, suffered outside of the gate. ¹³Let's therefore go out to him outside of the camp, bearing his reproach. ¹⁴For we don't have here an enduring city, but we seek that which is to come. ¹⁵Through him, then, let's offer up a sacrifice of praise to God * continually, that is, the fruit of lips which proclaim allegiance to his name. ¹⁶But don't forget to be doing good and sharing, for with such sacrifices God is well pleased.

¹⁷Obey your leaders and submit to them, for they watch on behalf of your souls, as those who will give account, that they may do this with joy and not with groaning, for that would be unprofitable for you.

¹⁸Pray for us, for we are persuaded that we have a good conscience, desiring to live honorably in all things. ¹⁹I strongly urge you to do this, that I may be restored to you sooner.

²⁰Now may the God of peace, who brought again from the dead the great shepherd of the sheep with the blood of an eternal covenant, our Lord Jesus, ²¹make you complete in every good work to do his will, working in you that which is well pleasing in his sight, through Jesus Christ, to whom be the glory forever and ever. Amen.

²²But I exhort you, brothers, endure the word of exhortation, for I have written to you in few

Notes

*13:5 Deuteronomy 31:6
*13:6 Psalms 118:6-7
*13:11 Leviticus 16:27
*13:15 Psalms 50:23

Notes

words. ²³ Know that our brother Timothy has been freed, with whom, if he comes shortly, I will see you.

²⁴ Greet all of your leaders and all the saints. The Italians greet you.

²⁵ Grace be with you all. Amen.

Notes

Lined area for taking notes.